



ANN, MOTHER OF 3, PASTOR'S WIFE WITH KIDS AGES 12-17

As a pastor's family, it's often hard to find rest and play time. Fortunately, my hardworking preteen and teens are very willing to put a great deal of effort into a four-day school week (with a few additional tasks on Sunday) in exchange for restful Fridays. Learning to rest has been a huge part of a functional schedule!

CUSTOM HOURS

SAMPLE schedules

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5:00	Morning Routine	Morning Routine	Morning Routine	Morning Routine	
8:00	Grading & Discussion w/ O	Grading & Discussion w/ O	Grading & Discussion w/ O	Grading & Discussion w/ O	
8:45	Read-aloud with girls	Read-aloud with girls	Read-aloud with girls	Read-aloud with girls	
9:15	Grading & Discussion w/ A	Grading & Discussion w/ A	Grading & Discussion w/ A	Grading & Discussion w/ A	
10:00	Schoolwork & Read-alouds with S	Schoolwork & Read-alouds with S	Schoolwork & Read-alouds with S	Schoolwork & Read-alouds with S	
11:00	Work	Writing, church, & family to-do	Work	Writing, church, & family to-do	
Noon	lunch & family devotions	unch & family devotions	unch & family devotions	unch & family devotions	
1:00	Kids chores	Kids chores	Kids chores	Kids chores	
1:30	Kids do school independently	Kids do school independently	Kids do school independently	Kids do school independently	
3:00	Work	Work	Work	Work	
6:00	Supper Choir	Supper Personal To-Do	Supper Church	Supper Personal To-Do	
8:30	Unwind & Read	Unwind & Read	Unwind & Read	Unwind & Read	

tips

- My high schoolers often grade each other's work.
- Guarding school time during the week protects rest time on Fridays.
- One-on-one time depends on each child's needs, either to grade work immediately or to let thoughts gel until the next day.